

MEET OUR PHYSICIAN MICHEAL SEO

TCMPB Registration No. T0301778G

Singapore Chung Hwa Institution - Diploma in TCM

Focus:

- Sleep Quality/Disorder
- Homonal Imbalances
- Men's Health
- Dry Eyes Syndrome
- Post Stroke Rehabilitation
- Hyperthyroidism related issues

Physician Seo has over 20 years of experience in TCM physician practice. He specializes in sleep quality/disorder, men's health, homonal imbalances and stress/anxiety induced health issues such as lack of energy, skin problems and headache.

Phy Seo uses a combination of herbal medicine, acupuncture and other TCM therapies to balance and restore body's disharmonies. His customised treatment plans have helped improved many patients' health and their quality of life.



Ancient Wisdom. Modern Healing.

Enhance natural recovery process

With the combined efforts of both Chiropractic and TCM treatments, patients will see a significant improvement in their nervous system communication and mobility in their joints, tendons and muscles.

Prevention & Holistic Wellness

With a boost in body circulation, the fusion of both practices will bring more benefits to the muscular, lymphatic and nervous systems. This will provide patients with an overall body wellness and a better quality of life without the prescription of Western medication.

Balance & Release Body's Vital Energy

Acupuncture helps muscles relax and less stiff for chiropractic adjustments to be much easier and the effects to last longer. With the prescription of herbal medication, it elevates the support to the overall body healing process.



Wellness Therapy Programme

A Holistic Recovery Journey Curated
Just For CFG Patients





BRAIN NERVE & SPINE

Chiropractic adjustments rectifies spine misalignments which can effectively strengthen internal organs and body systems. It also stimulates the central nervous system to heal, enhances the span of movement and circulation.

Chiropractic Adjustments



Chiropractic adjustments is a drug-free treatment that helps to reduce nerve compression, pain discomfort and restoring alignment to spine and joint without surgery.

Spinal Decompression Treatment



Spinal decompression therapy is a non-surgical treatment option that is used to address a variety of spinal conditions, including herniated discs, sciatica, and degenerative disc disease. The treatment involves gently stretching the spine to relieve pressure on the discs and nerves, allowing them to heal and function properly.

MEET OUR TCM PHYSICIAN ON YOUR NEXT VISIT!

CALL / WHATSAPP TO +65 8157 5095

COMPREHENSIVE MERIDIAN HEALTH ASSESSMENT

Aside to our traditional TCM health assessment, we have integrated a Digital Meridian Imaging System to electronically calculate and provide data through mild voltage contact on the 24 Jing-Well and the 24 Yuan-Source acupoints, which also collectively known as the acupuncture meridian points on the body.

This system will analyze the energy level of each acupuncture meridian digitally. Patients will receive a health check report that consist of the collected data, interpretation of data, together with charts, graphs and recommended treatments and lifestyle habits.



After assessing your health condition through TCM diagnosis methods, our TCM physician will evaluate and analyse your underlying health issues and imbalances. Physicians will customize the most suitable treatments and advice you on the various methods to adjust your lifestyle to improve the disharmonies in your body.

Detailed explanation on the treatment benefits and duration will also be provided to allow better understanding on how these integrative treatments can maximize your health benefits.



LIFE MEDICAL HEALTHCARE
BRINGS VITALITY IN LIFE



TRADITIONAL CHINESE MEDICINE

TCM aids patients to restore imbalances and disharmonies in their internal systems through TCM treatments such as acupuncture, herbal prescriptions, cupping and Tui Na therapies.

Needle Acupuncture



Using point stimulation method on thin needles inserted through skin to stimulate acupoints of the body, it helps relieve ailment of the body and improve the state of health.

Electro Acupuncture



Electro pen acupuncture is a needle-less acupuncture method that stimulates through releasing of electrical pulse to the meridian and acupoints of the body.

Cupping



Cupping therapy is performed where cups are placed on the skin to create a vacuum space, causing the skin to be drawn into the cup. This suction process draws blood to the treatment areas to elevate the circulation of Qi and promotes healing.

Herbal Medicine



TCM herbal medication are prepared in much simpler forms today. Depending on your needs, our herbal prescription comes in liquids and powder forms to save you time from brewing herbs and bringing you greater convenience.